# **Overbed Table**

These instructions are guidelines only. Use only as instructed by your healthcare provider.

#### What is an Overbed Table Used For?

Overbed tables are adjustable units that are installed for comfort in reading, writing and eating in bed.

### How Do I Adjust the Overbed Table?

• The overbed table should be installed at a comfortable height for the user.



**WARNING** Adjustable overbed tables have a powerful internal spring. Do not disassemble the table or loosen any screws. Exercise extreme caution when working near the spring.

## To adjust the height (Figure 1)

- To raise the table top, place your hand underneath the table top and move it upward to the desired height. Remove hand pressure to set height.
- To lower the table top, lift the release lever and push the table top downward to the desired height. Let go of the release lever to set height.

**To tilt the table top** (Note: This option may not be available on your model of overbed table.)

### Models with rotating knob (Figure 1)

- Twist the knob of the tilt control knob to loosen.
- Tilt the table top to the desired position. Tighten the knob to set the position.

#### **Models with tilt release lever** (Figure 2)

- Pull up on the tilt release lever.
- Tilt the table top to the desired angle and release the lever to set the position.
- Note: In the model shown, the height adjustment release lever is located on the top of the post.

#### **How Do I Care for the Overbed Table?**

Clean the table top with mild, soapy water.

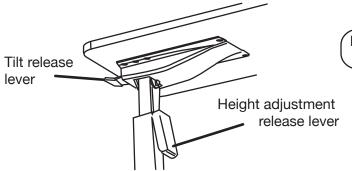


Figure 2: Tilting overbed table with tilt release lever



Please ensure that equipment returned to the Red Cross is clean and in good condition.

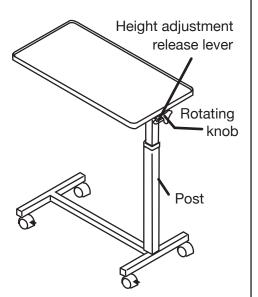


Figure 1: Tilting overbed table with rotating knob